

ALLEGATO 1 BIS



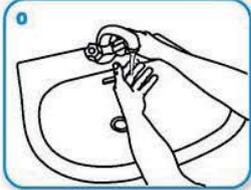
## Come lavarsi le mani con acqua e sapone?

**LAVA LE MANI CON ACQUA E SAPONE, SOLTANTO SE VISIBILMENTE SPORCHE! ALTRIMENTI, SCEGLI LA SOLUZIONE ALCOLICA!**

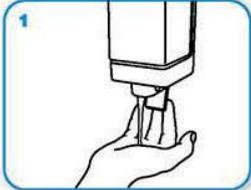




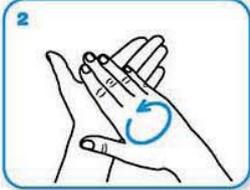
**Durata dell'intera procedura: 40-60 secondi**



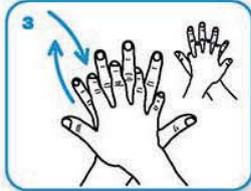
**0**  
Bagna le mani con l'acqua



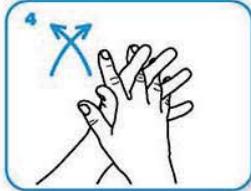
**1**  
applica una quantità di sapone sufficiente per coprire tutta la superficie delle mani



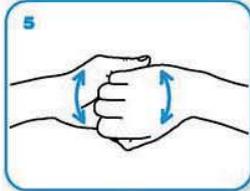
**2**  
friziona le mani palmo contro palmo



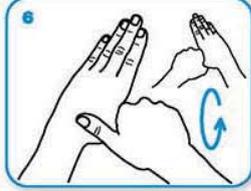
**3**  
il palmo destro sopra il dorso sinistro intrecciando le dita tra loro e viceversa



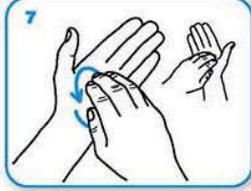
**4**  
palmo contro palmo intrecciando le dita tra loro



**5**  
dorso delle dita contro il palmo opposto tenendo le dita strette tra loro



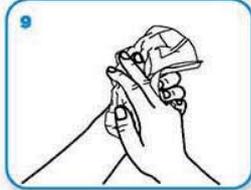
**6**  
frizione rotazionale del pollice sinistro stretto nel palmo destro e viceversa



**7**  
frizione rotazionale, in avanti ed indietro con le dita della mano destra strette tra loro nel palmo sinistro e viceversa



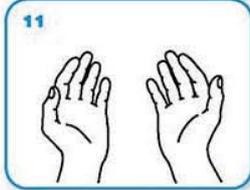
**8**  
Risciacqua le mani con l'acqua



**9**  
asciuga accuratamente con una salvietta monouso



**10**  
usa la salvietta per chiudere il rubinetto



**11**  
...una volta asciutte, le tue mani sono sicure.

**WORLD ALLIANCE**  
*for* **PATIENT SAFETY**

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October 2006, version 1.



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